

CLIENT INFORMATION

Client's Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Sex: \_\_\_\_\_ Gender Id: \_\_\_\_\_ Race: \_\_\_\_\_  
Form completed by (if someone other than client): \_\_\_\_\_ Relationship: \_\_\_\_\_  
Client's street address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Client's phone number if patient is 16 or older: \_\_\_\_\_ Okay to leave a message?  Yes  No  
Client's email if patient is 16 or older (see email policy): \_\_\_\_\_ Okay to email?  Yes  No  
Referred by: \_\_\_\_\_ Physician name: \_\_\_\_\_

**Complete parent information below for minors and young adults up to 26 years old:**

**Parent/Guardian:** \_\_\_\_\_ Relationship: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Check box if ADDRESS is same as above OR list below.  
Street address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phones:  Cell: \_\_\_\_\_  Home: \_\_\_\_\_  Work: \_\_\_\_\_  
\*Check boxes to indicate where voicemail messages can be left.  
Email address (see email policy): \_\_\_\_\_ Okay to email?  Yes  No  
Employment Status:  Not Employed  Part time  Full time  Retired  Student  
Profession: \_\_\_\_\_ Employer: \_\_\_\_\_

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**Parent/Guardian:** \_\_\_\_\_ Relationship: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Check box if ADDRESS is same as above OR list below.  
Street address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phones:  Cell: \_\_\_\_\_  Home: \_\_\_\_\_  Work: \_\_\_\_\_  
\*Check boxes to indicate where voicemail messages can be left.  
Email address (see email policy): \_\_\_\_\_ Okay to email?  Yes  No  
Employment Status:  Not Employed  Part time  Full time  Retired  Student  
Profession: \_\_\_\_\_ Employer: \_\_\_\_\_

**Parents Marital Status:**     Married     Divorced     Remarried     Never married     Separated

If parents are not currently married to each other, what is the custody arrangement? \_\_\_\_\_

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**Any other adults with custodial responsibilities (e.g., stepparents):**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Check box if ADDRESS is same as above OR list below.

Street address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phones:     Cell: \_\_\_\_\_     Home: \_\_\_\_\_     Work: \_\_\_\_\_

\*Check boxes to indicate where voicemail messages can be left.

Email address (see email policy): \_\_\_\_\_ Okay to email?     Yes     No

Employment Status:     Not Employed     Part time     Full time     Retired     Student

Profession: \_\_\_\_\_ Employer: \_\_\_\_\_

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**Other adults involved in treatment:**

Other adult family members who may be involved in treatment or bring client to appointments and their phone number.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

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**ALL CLIENTS COMPLETE**

**Emergency Contact:**

Name: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_

Phone number: \_\_\_\_\_

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**Child Development History and Background Information**

*Please complete this form and bring to your initial appointment. Contact our office with any questions or concerns.*

**Client Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Person completing form:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

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**Presenting Problem**

*Describe your reasons for seeking services, **starting** with the **most important**.*

A.

B.

C.

D.

*Please check any **past** or **current issues** that apply to the client:*

- |   |  |
|---|--|
| <input type="checkbox"/> Anxiety/ Worry/ Nervousness          | <input type="checkbox"/> Aggression                            |
| <input type="checkbox"/> Panic Attacks                        | <input type="checkbox"/> Defiant or oppositional behavior      |
| <input type="checkbox"/> Irritability/ Impatience/ Anger      | <input type="checkbox"/> Frequent Tantrums                     |
| <input type="checkbox"/> Difficulty w/ Focus or Concentration | <input type="checkbox"/> Conduct Problems                      |
| <input type="checkbox"/> High Energy/ Hyperactivity           | <input type="checkbox"/> Parent-child conflict                 |
| <input type="checkbox"/> Low Energy/ Fatigue                  | <input type="checkbox"/> Sibling conflict                      |
| <input type="checkbox"/> Low Motivation                       | <input type="checkbox"/> Learning problems/ Poor Grades        |
| <input type="checkbox"/> Low Self Esteem                      | <input type="checkbox"/> Suicidal Thoughts or Statements       |
| <input type="checkbox"/> Depression/ Feeling Sad or Blue      | <input type="checkbox"/> Sleep Problems (Too much/ Too little) |
| <input type="checkbox"/> Eating problems                      | <input type="checkbox"/> Frequent moves/relocations            |
| <input type="checkbox"/> Weight Concerns                      | <input type="checkbox"/> Stealing                              |
| <input type="checkbox"/> Recent Death(s) of a loved one       | <input type="checkbox"/> Lying                                 |
| <input type="checkbox"/> Parental Divorce/ Separation         | <input type="checkbox"/> Chronic Medical Issues                |
| <input type="checkbox"/> Major family changes                 | <input type="checkbox"/> Other: _____                          |
| <input type="checkbox"/> Physical Abuse*                      |  |
| <input type="checkbox"/> Sexual Abuse*                        |  |
| <input type="checkbox"/> Neglect of basic needs*              |  |

***\*Please note limited confidentiality***

## Family History and Information

Please list all **immediate family members** and other individuals who live with or play an important role in the client's life.

| <u>Household Member Names</u> | <u>Relationship</u> | <u>Age</u> | <u>Occupation/School</u> | <u>Level of Education</u> | <u>Quality of Relationship</u> |
|-------------------------------|---------------------|------------|--------------------------|---------------------------|--------------------------------|
|                               |                     |            |                          |                           |                                |
|                               |                     |            |                          |                           |                                |
|                               |                     |            |                          |                           |                                |
|                               |                     |            |                          |                           |                                |
|                               |                     |            |                          |                           |                                |

What are some things your family **enjoys doing together**?

What are the primary **methods of discipline** for your child? (*check all that apply*)

- Time Out/Grounding  
  Removing Privileges  
  Physical (ex: spanking)  
  Extra Chores  
  Lecture  
 Yelling  
  Discussion  
  No Discipline  
  Other: \_\_\_\_\_

Who is **responsible for discipline** of your child? \_\_\_\_\_

How does child **respond to discipline**? \_\_\_\_\_

Do all **caregivers agree** on discipline? \_\_\_\_\_

Please list **residences** below:

| <u>From</u> | <u>To</u> | <u>Location</u> | <u>With whom?</u> | <u>Reason for moving</u> | <u>Any problems?</u> |
|-------------|-----------|-----------------|-------------------|--------------------------|----------------------|
|             |           |                 |                   |                          |                      |
|             |           |                 |                   |                          |                      |
|             |           |                 |                   |                          |                      |

Please list any **residential placements, institutional placements, or foster care**:

| <u>From</u> | <u>To</u> | <u>Program name or location</u> | <u>Reason for placement</u> | <u>Problems?</u> |
|-------------|-----------|---------------------------------|-----------------------------|------------------|
|             |           |                                 |                             |                  |
|             |           |                                 |                             |                  |
|             |           |                                 |                             |                  |

## Prenatal History and Early Development

|  | <u>Yes</u> | <u>No</u> | <u>If yes, please provide details</u> |
|--|------------|-----------|---------------------------------------|
| Were there any problems during pregnancy?                                |            |           |                                       |
| Did the mother smoke during pregnancy?                                   |            |           |                                       |
| Did the mother drink alcohol or use recreational drugs during pregnancy? |            |           |                                       |
| Did the mother take any prescribed medications during pregnancy?         |            |           |                                       |
| Length of pregnancy: _____ weeks gestation                               |            |           |                                       |
| Were there any problems during labor?                                    |            |           |                                       |
| Type of delivery: _____  |            |           |                                       |
| Were there any problems during delivery?                                 |            |           |                                       |
| Child's birth weight: _____ pounds _____ ounces                          |            |           |                                       |
| Any problems for the baby after the delivery?                            |            |           |                                       |
| Did the mother experience any problems after the delivery?               |            |           |                                       |

How would you describe your child's temperament as a baby? (*check all that apply*)

Easy    Fussy    Quiet    Shy    Alert    Sleepy    Other \_\_\_\_\_

Sleep patterns or problems in infancy: \_\_\_\_\_

## **Developmental Milestones**

At **what ages** did your child learn to: (*check one*)

|                 | <u>Early</u>                         | <u>Within Normal Limits</u>             | <u>Late</u>                         |  |
|-----------------|--------------------------------------|---|-------------------------------------|--|
| Crawl           | <input type="checkbox"/> ≤ 5 months  | <input type="checkbox"/> 6 – 11 months  | <input type="checkbox"/> 12+ months |  |
| Stand           | <input type="checkbox"/> ≤ 8 months  | <input type="checkbox"/> 8 – 12 months  | <input type="checkbox"/> 13+ months |  |
| Walk            | <input type="checkbox"/> ≤ 8 months  | <input type="checkbox"/> 9 – 16 months  | <input type="checkbox"/> 17+ months |  |
| First Words     | <input type="checkbox"/> ≤ 5 months  | <input type="checkbox"/> 6 – 12 months  | <input type="checkbox"/> 13+ months |  |
| Toilet Training | <input type="checkbox"/> ≤ 23 months | <input type="checkbox"/> 24 – 36 months | <input type="checkbox"/> 37+ months | <input type="checkbox"/> NA for very young |

Any **delays or concerns** re: developmental milestones?    Yes    No

If yes, please explain: \_\_\_\_\_

Any **disruption in bonding** in the first 2 years of life (separation from parent, parental stress, postpartum depression, child difficult to comfort)?    Yes    No

If yes, please explain: \_\_\_\_\_

## **Behavioral/Mental Health History**

Has client had a psychological evaluation?  Yes  No

Has client been diagnosed with any mental or behavioral health problems (ADHD, Depression, Anxiety, disruptive behavioral disorder, etc.)?  Yes  No

If yes, please describe: \_\_\_\_\_

Any past or current therapy or counseling?  Yes  No

If yes, please list such treatment below:

| <b><u>When</u></b> (age of child) | <b><u>With Whom</u></b> (name of treatment provider) | <b><u>Why</u></b> (presenting problem or diagnosis) | <b><u>Outcome</u></b> (was treatment helpful/effective) |
|-----------------------------------|--|---|---|
|                                   |  |   |   |
|                                   |  |   |   |
|                                   |  |   |   |

Has child been prescribed medication for a behavioral/mental health condition (e.g., ADHD, Depression, Anxiety, etc.)?  Yes  No

If yes, please list current and past behavioral health medications below:

| <b><u>Medication</u></b> | <b><u>Prescribing Physician</u></b> | <b><u>Start Date</u></b> | <b><u>End Date</u></b> | <b><u>Helpful?</u></b> |
|--------------------------|-------------------------------------|--------------------------|------------------------|------------------------|
|                          |                                     |                          |                        |                        |
|                          |                                     |                          |                        |                        |
|                          |                                     |                          |                        |                        |

Has child ever been hospitalized for emotional/behavioral problems?  Yes  No

If yes, when & why: \_\_\_\_\_

## **Family History of behavioral/mental health and substance abuse**

Please indicate any family history of **mental/behavioral health concerns or substance abuse** (parents, siblings, grandparents, aunts, uncles):

| <b><u>Family member</u></b> (relationship to child) | <b><u>Condition</u></b> | <b><u>Ever received treatment/intervention?</u></b> |
|---|-------------------------|---|
|   |                         |   |
|   |                         |   |
|   |                         |   |
|   |                         |   |
|   |                         |   |

## Physical Health History and Information

Has your child been **diagnosed** with **any ongoing medical problems** (ex: irritable bowel, migraines, etc.)?     Yes     No

If yes, please describe: \_\_\_\_\_

Please **check off** if your **child has had any of the following**:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Asthma or breathing problems | <input type="checkbox"/> Vision Problems         | <input type="checkbox"/> Hearing Problems          |
| <input type="checkbox"/> Allergies                    | <input type="checkbox"/> Seizures or Convulsions | <input type="checkbox"/> Frequent Ear Infections   |
| <input type="checkbox"/> Tics or Twitches             | <input type="checkbox"/> Been Hospitalized       | <input type="checkbox"/> Fever above 104           |
| <input type="checkbox"/> Major injuries or accidents  | <input type="checkbox"/> Had Surgery             | <input type="checkbox"/> Physical Therapy (PT/ OT) |
| <input type="checkbox"/> Weight Problems              | <input type="checkbox"/> Lost Consciousness      | <input type="checkbox"/> Speech Therapy            |

Explain any checked above:

Please list any **current medication**, not listed above:

| <u>Current Medications</u> | <u>Reason</u> | <u>Who prescribes</u> |
|----------------------------|---------------|-----------------------|
|                            |               |                       |
|                            |               |                       |
|                            |               |                       |
|                            |               |                       |

Do you have any **concerns** about your child's **eating habits**?

- Picky eater     Eats too little     Eats too much     Binges     Vomits Frequently  
 Poor diet     Restricted diet     Other: \_\_\_\_\_

## School History and Information

| <u>Current School</u> | <u>Current Teacher</u> | <u>Grades Attended</u> |
|-----------------------|------------------------|------------------------|
|                       |                        |                        |

| <u>Previous Schools</u> | <u>Grades Attended</u> |
|-------------------------|------------------------|
|                         |                        |
|                         |                        |
|                         |                        |

|  | <u>Yes</u> | <u>No</u> | <u>If yes, please explain</u> |
|--|------------|-----------|-------------------------------|
| <b>Current disciplinary problems</b> at school?  |            |           |                               |
| <b>Past disciplinary problems</b> at school?     |            |           |                               |
| <b>Current academic problems</b> at school?      |            |           |                               |
| <b>Past academic problems</b> at school?         |            |           |                               |
| Has your child been <b>held back</b> ?           |            |           | If yes, what grade?           |
| Does your child have an <b>IEP or 504 plan</b> ? |            |           |                               |
| If yes, describe reason and accommodations:      |            |           |                               |

For older children – What does your child do to **earn money** (ex: job, chores, etc.)?

### **Social Functioning**

List any concerns about your **child's friendships or interactions with peers**?

List **hobbies, sports; recreational, musical, interests, and toy preferences**; etc.:

What are your child's personal **strengths**?

### **Substance Use**

For older children and teens, any concerns about:

|             | <u>Yes</u> | <u>No</u> | <u>If yes, please explain</u> |
|-------------|------------|-----------|-------------------------------|
| Alcohol use |            |           |                               |
| Drug use    |            |           |                               |
| Smoking     |            |           |                               |
| Vaping      |            |           |                               |



## **Legal**

Please list any **legal difficulties** among immediate family members such as arrests or incarcerations or involvement in lawsuits/litigation?

## **Other**

Is there anything else I should know that does not appear on this or other forms, but that is or might be important?